

Filling Your Players Emotional Tanks Football Suggestions

For tank-fillers to be effective, coaches have to make sure their comments are truthful and specific! Simply saying, “Nice game,” or “Good job,” doesn’t give players the type of feedback they need to improve, and it doesn’t fill the emotional tank as much as some of the following examples.

Remember, you would only use these when they apply to one of your players and his specific performance.

- John is a receiver. “John, great route! Receivers, look here. John runs each and every route like he’s going to get the ball even if he knows he’s the 3rd or 4th option. He’s getting off the line hard, accelerating out of his breaks, and is looking back for the ball. That’s how we do it here!”
- Felix is a quarterback. “Felix, that’s the way to lead on the field! At the line of scrimmage you’re projecting your voice so the whole offense can hear. It’s inspiring confidence in your teammates, and it’s letting the defense know they’ll soon have eleven men coming at ‘em.”
- “Greg, you’re exploding off the line on every play. I see you opening big holes for our backs. Nice work.”
- “Devon, I can always find you because you’re the one clapping and keeping our team energized. Keep it up.”
- “When we needed a big block, I knew I could count on Isaac. He got low, moved his feet, and exploded into the defender and finished his block. That’s the way to do it!”
- “Sam, way to sell the out with your eye contact and convincing pump fake. Once the corner bought on it you enabled Tommy to get wide open. Great work!”
- “Mark’s tackle at the end of the first half was awesome. He took a great angle and made the play even though that ball carrier is their fastest guy! That definitely saved a touchdown! Great hustle Mark.”
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- Dennis is a linebacker. “Dennis is doing a great job leading our defense. I can hear him communicating every play and keeping everyone positive even when we make mistakes.”
- “Great job playing to the whistle. Look at Jimmy 15 yards down field trying to make a block. It was a sweep left, and we have our right tackle hustling down field looking for someone to move out of the way. Great job Jimmy!”



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